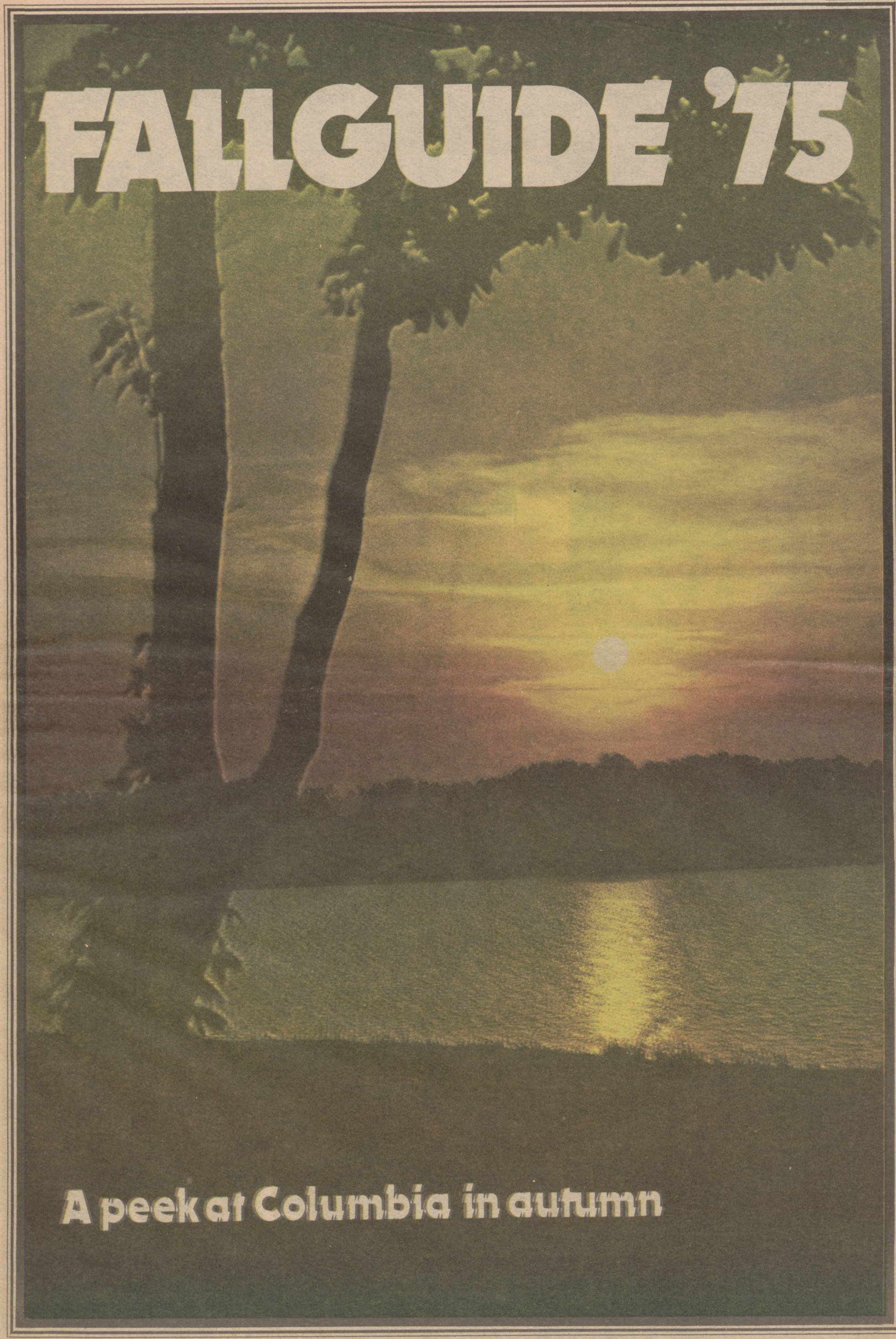
FALLGUIDE '75



A peek at Columbia in autumn

Supplement to Osceola Newsweekly, September 5, 1975

Once they leave they don't come back.

Pioneer products stay sold. And there are several excellent reasons why. To begin with, people these days want to get the most for their money. Comparison with comparably priced components shows that product for product Pioneer has more meaningful features. Combine this with advanced styling and superb performance and you've got part of the story.

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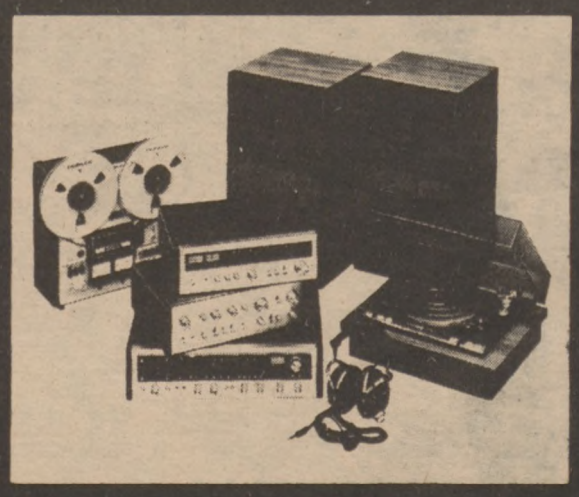

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Introduction

Fallguide '75: helpful hints at how to survive the autumn hustle and bustle, and enjoy it

For several reasons, fall seems to be a more active time of the year around Columbia, and this is our second year of trying to bring special attention to some of the opportunities that exist here.

With road-weary vacationers and students hustling back into the city for fall business and academic responsibilities, the pace of the more publicized activities -- athletics, concerts, and the like -- accelerates rapidly. And likewise do the less publicized activities, as we have tried to illustrate here.

Sometimes it takes a bit of looking around to figure out what's going on in Columbia. We hope this guide will be useful to new and old Columbians as a reference for both the activities and the advertisers as we enter a promising new fall.

Cover photo by Fritz Wagner

Illustrations by Lynn Cansler

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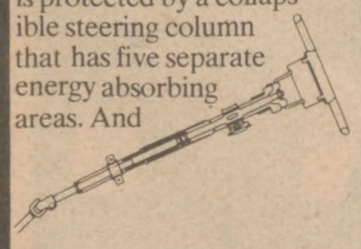
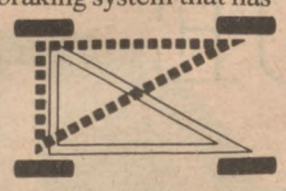


the car stops with a dual braking system that has



three brakes (two front and one rear) on each system.

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Fashion

Trends for fall: the 'big look' and the lean silhouette

There are two significant new fashion trends making themselves evident as we enter the fall of '75 -- both involve the new layered look, and neither need cost you a fortune if you shop selectively.

One approach is a fuller, comfortable, layered "big look." It involves lots of clothing, worn at one time, but never abused to the point of looking bulky. A blouse, plus vest and cardigan, with an outer jacket, comprise the main elements. It sounds like a lot of cloth, but if it's properly coordinated, it can be turned into a super design.

The other possibility is a leaner, closer to the body silhouette, and involves more fitted clothing to accentuate the trim, lean figure.

For those on a limited budget -- which includes a lot more people these days than it used to -- local fashion managers suggest a wardrobe built around a favorite color. Inexpensive changes can give you a different look and feel. Varied tones of one shade, blended together, give you beautiful possibilities.

Jeans, of course, are the old standby and will still be worn everywhere this fall. But local people in the business say that the jeans are being made, and worn, in a neater and dressier manner. Another innovation in the jean market is with zippers, which are being oversized in an interesting deviation from the norm.

Also new and everchanging are skirts. Every style and fabric is being tried, often with classy results. Boots are also back in conjunction with the trend toward skirts that creep to the boot level. And, in another combination, jeans are being tucked into boots by the younger women, leading frequently to a fresh-looking presentation.

If you are having a problem putting your fashion wardrobe together -- or just trying to figure out which pair of jeans to buy -- then see a fashion consultant at one of Columbia's clothiers this fall. ■

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left, Evon is wearing a safari wrap houndstooth pant suit ($36), perfect for football season. Linda is in a geometric print blouse ($11), calcutta cloth button down skirt ($12), and a zip up sweater ($15).

right, Linda is wearing a brown corduroy jumper ($11) with a cotton stripe shirt ($9). Evon wears a jean pant suit with zippers on pants ($16), and jacket ($17).

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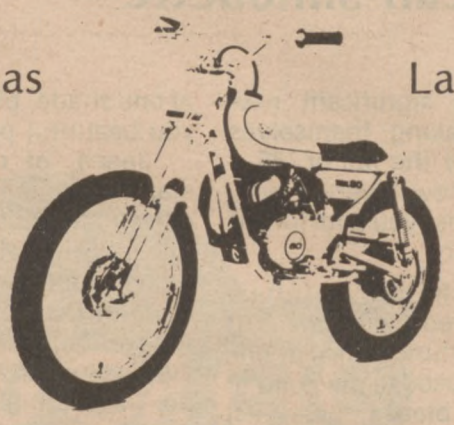

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Motocross

by W.C. Kirby

Almost everyone can remember the days then motorcycles were associated with rather devious greasers with leather jackets and chains who went about looting and raping the town women.

Although the days of Hell's Angels and motorcycle gangs are not entirely gone forever, the motorcycle has achieved certain respectability in today's society.

No longer are the maverick machines sold in the back rooms of the local grocery markets and the bays of service stations, but rather in modern dealership franchised facilities. Not only can you buy a motorcycle for the pure pleasure of just riding around (economical, too), but for blazing the backwoods of the Carolina country side, and the aggravated bodily assault of motocross. Which brings us around to our point.

Motocross, for those of you that are unfamiliar with the sport, is the art of traveling a rough as hell course (varying as much as ½ mile to two miles) through assorted dips and bumps called hoop-de-doos, around hairpin turns, and sailing off jumps without getting your guts spilled out or collapsing from pure physical exhaustion.

Classes vary from a mini-bike class for the younger riders to the 125 cc, 250cc, and Open cc classes which attract the crowds. In most cases, you can expect to pull up to the starting line with 20 to 40 riders and hope you can jump out ahead far enough on the start to get past the first turn which support only three riders at a time.

The rewards at the end of the ride are poor at most, although in most cases they are 100% better than they were two years ago. To most of the participants the old "glory of victory and agony of defeat" says it all.

It was not until 1971 that motocross was introduced to most parts of South Carolina. And it existed then in abandoned tobacco fields and undeveloped wash lands. There were no motocross machines per se, only riders with their trail bikes out to have a good time.

Four years later, the story is extremely different. Manufacturers picked up on the once peculiarly European whim called motocross and began to produce the lightweight high-powered machines. As the machines became more competitive, the riders had to become more competitive too. No longer was it a sport just for fun's sake.

Now instead of tracks in tobacco fields, you will find facilities from the natural terrain track of Chisom Trail off Johns Island to the beautifully styled European course in Anderson.

But what about the riders? Instead of T-Shirts and Blue Jeans of a few years ago, you'll find fancy riding leathers, colorful painted helmets, special riding boots, carefully painted and lettered trailers, and at least a half a dozen associations organized to supposedly benefit the participants. When we say the sport has come more competitive, you can second guess our next statement. The sport has become expensive, much more expensive.

The average rider must invest in most cases a minimum of $1000 in the purchase of a competition machine (and it depreciates to 50% of that value when it rolls out of the show room since no one wants a used motocross machine).

If you think you've made a major investment and the rest is fat city, you'd better check your wallet again. It will take another $20 to $100 a week maintenance depending on who ran over you the week before. But you are still not out of the woods yet; better figure for travel, meals, entry fees and a cast for the arm you might break.

Steadily, the independent rider is being choked out of racing. Shop sponsored riders like Jon Formo, Robby Neeley, and Mike Camak can be more consistently at the finish line first when bikes and parts are being provided. Independents like Lynn Tanner can only be first as long as the cash and determination hold out.

Many independents find themselves forced to race every other week and sometimes only once a month. But never fear, the sport will endure. The average motocross rider is feeble by the time he reaches 28, so shops will scurry out to solicit new talent when the current rider reaches Moto-Medicare age.

So you see there is still an opportunity for independents like Tanner to make a name for themselves provided they stay in shape and develop some sort of consistency.

If we have spoiled your hopes of being another Joel Robert, we apologize. But if you aren't 16 or 17 and haven't a whole lot of experience behind you and an impressive bank account, your best bet is to stay in the stands or take your fun in the form of trail rides. ■

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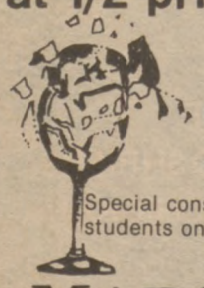

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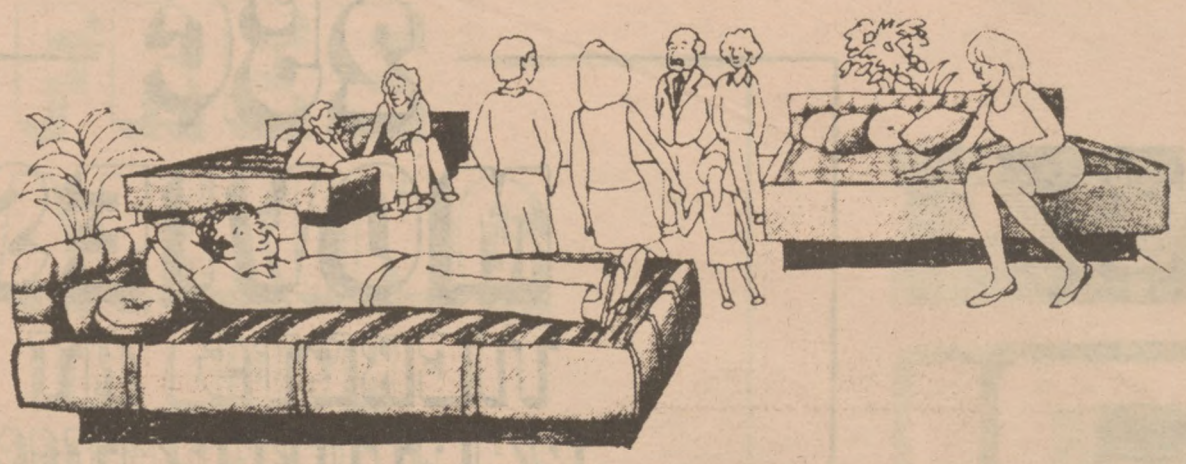

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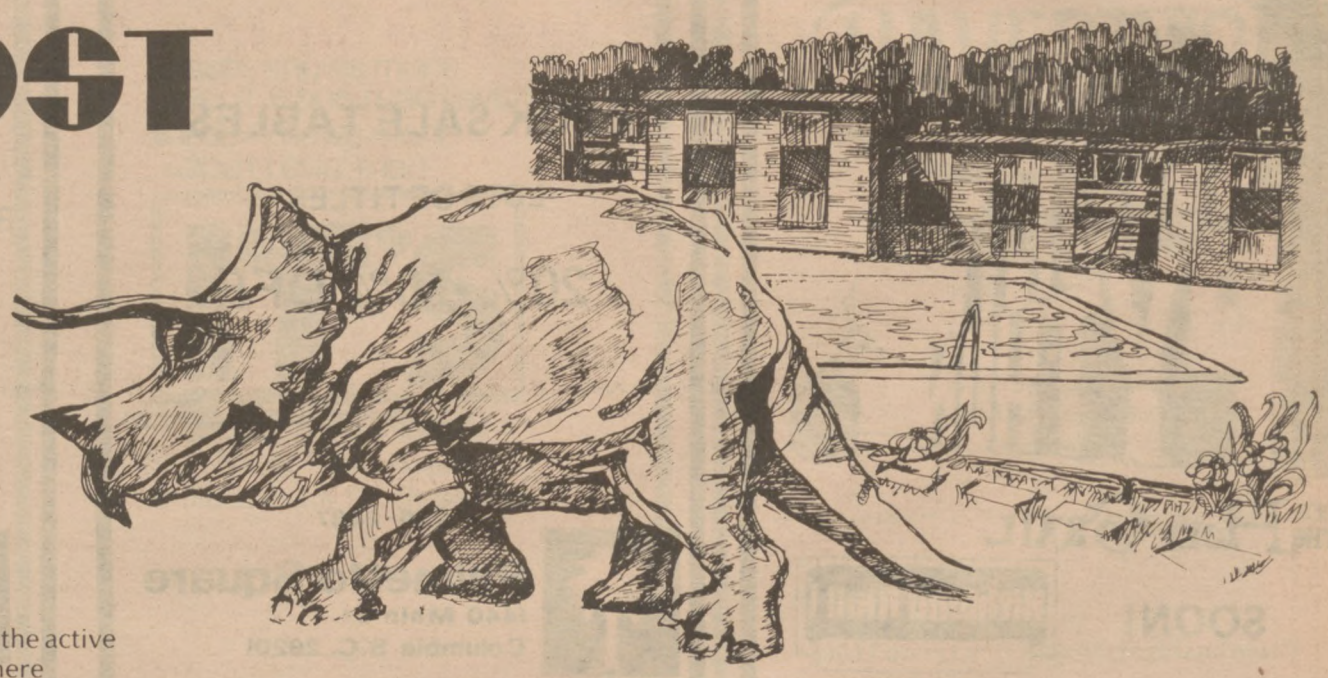

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Audio

Your hi-fi system is a sizable investment, so spend some time selecting it.

by Ken Cheeley, Sandra McCall & Guy Jones

Ready to relax after a long day of classes or work? Want to get together with some friends for a party? Or spend a quiet evening with a special friend? Good sounds and good times are a natural combination! So, if you're just getting into the hi-fi market, the following "good sounds" should help you understand more about audio equipment.

Music has become so intrinsic to many peoples' lifestyle today that ownership of a hi-fi audio system is almost as common as television. Once the exclusive interest of "audio nuts," good hi-fi equipment now appeals to a wide range of people with differing backgrounds.

What is a "hi-fi" sound system? **High fidelity** simply means that the system will faithfully and accurately reproduce the recorded music -- it will not add to or subtract from the original sounds. The difference between hi-fi and "low-fi" appliance-type systems is very real and apparent, even to the untrained ear.

While some systems are "compacts" (with the turntable mounted on top of the amplifier), almost all true hi-fi systems are in the form of separate **components**.

Due to the tremendous choice of hi-fi equipment available today, a major problem facing the prospective audio consumer is how to select the right system for his/her needs. Probably the first basic consideration will be economics: how much can, or should) you spend? High-fidelity audio systems begin at a **purchase price** of about $250, and range upward to around $3,000 or so. However, for the average person, about $1,000 represents the ultimate basic **stereo** system.

What is a basic hi-fi system? It consists of three major components: **music source** (turntable, tape unit, AM-FM tuner), **amplification** (receiver, integrated amplifier, preamp, & power amp), and **acoustic transducer** (speakers, headphones). A complete audio system must have at least one of each major component.

The most popular stereo hi-fi system consists of a turntable, receiver (a receiver is an amplifier combined with a tuner), and two speakers. This type of basic system may be expanded by adding a tape unit (cassette or reel-to-reel), headphones, or extra speakers. If you prefer albums to Columbia's FM programming, you might consider buying only an amplifier, instead of a receiver.

A quick word about **quad**. Quadraphonic, or four-channel, systems will cost more than compatible stereo equipment, because they use four amplification channels and four speakers. Unless you plan to spend at least $600 on your system, quad is not a wise investment at the present time.

Buying your hi-fi system can be a really enjoyable experience...or it can go the other way! To avoid headaches and unduly empty wallets, a few suggestions are in order. First of all, shop around to see what's available. Form your own opinion of what you want to buy -- don't be swayed by a "high-pressure" sales pitch.

Most audio dealers will grant a discount off the manufacturer's suggested list price -- this is especially true when you buy a complete system. Mail-order dealers will usually give the best discounts.

Warranty and repair work: Hi-fi equipment is guaranteed by the manufacturer, usually as follows: turntables - two years, electronics - two or three years, and speakers - five years. Warranty repair work should be done by a **factory authorized warranty station** - not necessarily by the retail dealer.

Where to buy: Hi-fi equipment is sold in Columbia through three different types of retail stores: audio specialty stores, department stores, and audio chain stores. No one particular type of retail store is the "best" place to buy; there are good and bad examples in each category. Another type of hi-fi retailer is the audio specialty/mail order firm. An operation of this type, the first in the Southeast, is scheduled to open in Columbia this fall. To be known as Southbound Sound Co., it will feature both catalog and local sales facilities.

Perhaps the best indicator of a good hi-fi retailer is his dedication to offering quality audio products and consumer-oriented service. Your hi-fi system represents a sizable investment, so take the time to select both the system and the retailer which best suits your needs. Good sounds and happy listening! ■

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Coffee

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Few people realize that coffee beans are in fact the pits of special cherries. Nor, for that matter, do most people know that over two thousand of these hand-picked cherries are required to yield one pound of coffee. The coffee tree, for the most part the **coffea arabica** species, reaches maturity after five years of attentive care by the planter. In its sixth year, provided the tree has enjoyed optimum conditions (altitude, good soil that is well-aerated, and about 70 inches of rainfall), it will have grown to a height between five and fifteen feet and will yield from one pound to a phenomenal twelve pounds of coffee. In a particularly good season a planter may find his crops ''tripling'' -- the trees may have blossoms, green cherries and ripe cherries all at the same time. Of course only the ripe cherries are harvested.

After harvesting, the cherry pulp is removed by sun drying and finally by washing and polishing the green beans (about a two to three week process). The beans are blown dry with hot air, graded according to size and sacked for exportation.

Most of the world's coffee supply is destined for the United States each year. In this country we consume almost fifty percent of the coffees produced world-wide yet we ourselves only produce a small amount of Kona -- grown in the lava soil of Hawaii.

Coffee plants are currently enjoying ever-increasing popularity as house plants. Their beautiful dark green leaves resemble the leaf of the gardenia and offer unique indoor foliage. Two to four seedlings potted in an antique coffee pot or one of the old coffee chests make an attractive conversation piece. One should not expect to harvest coffee beans sufficient for his own consumption, however.

Brazil's Dilemma

Much fuss has been made, and justifiably so, over the loss of such vast quantities of the Brazilian coffee trees. Brazil furnishes almost half the total world's supply each season. With the loss of one-half of Brazil's output, the world coffee market is shy of its expected raw coffee by approximately 25 percent. Such an immediately realized phenomenon creates a tremendous amount of flux in the marketplace. For the consumer, the only logical expectation out of all this is that he will find it necessary to pay more for his beloved cup of coffee.

There is a bright side to the picture, though. We can use good, fresh-roasted coffee beans and our inherent American ingenuity to produce a beverage far superior to what many of us settle for presently. If we're going to have to pay more for it, then let's darned well enjoy it! Our friend, Gill Bruckenbraugh, Jr. from Gill's First Colony Coffee up in Norfolk, Virginia, puts it this way: ''The secret of brewing a fine cup of coffee is somewhat reminiscent of the traditional recipe for Brunswick Stew beginning, 'First, catch a rabbit'.'' That translates easily into ''First, get some good, fresh-roasted beans.''

Most of us brew our coffee either in a percolator or in a ''drip'' coffee maker using a paper filter. Those who filter their coffee invariably enjoy a cleaner, more flavorful brew because the water passes over the ground coffee only once and then, when the filter is discarded, all the silt and bitter oils are tossed out with it. (Coffee lovers who are still ''perking'' should look into any one of a number of filter brewers available on the market in Columbia.)

Here are a few coffee concoctions you may find desirable as Fall comes on. For the most part I have listed hot coffee recipes, but since we Southerners enjoy a lengthy warm climate I've also included some iced coffee ideas.

Hawaii Cooler

To one quart of hot, strong coffee add ½ cup of sugar (or more to taste) and refrigerate. About one hour before serving cut four or five slices of orange and add them to the coffee mixture. Fill four tall stemmed glasses with crushed ice. Add 1½ jiggers dark rum. Remove the orange slices from the coffee and fill the glasses with coffee. Stir and add a swizzle stick of fruit (pineapple, orange and a cherry).

Spice Island Coffee (offered by our friend Ellen Peters)

Steep together three cups of double-strength coffee, 4 whole cloves, 4 whole allspice berries, and one stick cinnamon. Meanwhile, frost the edges of tall glasses by dipping them in water and then in granulated sugar. Strain the brew and pour it over cracked ice in the prepared glasses.

The USC Women's Gourmet Club sends along this recipe for **Cafe Royale Frappe**: Make double-strength coffee and chill. Add 2 parts coffee to 1 part cognac or creme de cacao. Serve over cracked ice in champagne glasses.

Another friend, Owen Haddock, formerly of Barnwell, S.C., who is now Publisher at Artists' and Writers' Publications out in San Rafael, California, suggests the following from Diane DeLorme MacMillan's wonderful book, **Coffee Cuisine** (and from whom permission to reprint has been obtained):

American Mocha-Java

The perfect marriage is coffee and chocolate! Prepare 4½ cups hot strong coffee and combine with 4½ cups rich hot cocoa. Do not allow the combination to boil. Pour into mugs and top with chocolate whipped cream. To prepare Chocolate Whipped Cream: Combine in a chilled bowl ¼ cup confectioners sugar, ¼ cup cocoa (not instant

[Continued on page 15]

the coffee grinder

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Backpacking

Enjoying back-to-nature

Fall isn't quite falling yet, but it sure is teetering -- despite the weather. A glance at the calendar tells you that the Autumnal Equinox will be upon us soon and we'll be rid of the hazy, hot and humid days of summer.

With Autumn comes Mother Nature's most colorful corner of her boutique. Brilliant crimsons, earthen browns and splashy yellows erupt over the Carolinas.

A fine place to see the colorful hues is in the Smoky Mountains. And a fine way to see them is with a backpack strapped on and walking shoes at the ends of your legs.

The peace and solitude that go hand-in-hand with hiking in the Smokies is something for the uninitiated to behold and something the initiated return again and again to experience. Rugged narrow Indian trails often give way to wide-open boulevards through Alpine-like fields. Close stands of hemlock lie under towering locust and oak, giving sights and smells that are indescribable. Pine and spruce mingle overhead, adding just the touch of green that reminds you that you are walking through the mountains.

Underfoot, pine needles, leaves and other such flora goodies mix to form a sometimes soggy mulch under your boots.

With the Smokies comes a mist and rain that adds a mysterious beauty to Autumn hiking. There may be times when you won't be able to take full advantage of the command-

ing overlooks that dot the southern end of the Appalachians, but it gives you a chance to see some of the things that often go unnoticed by awed eyes.

It's in the little rock crevices or an eddy in a meandering creek that opensup a whole new world to the patient walker. Little living things teem. Spiders spin intricate webs between delicate plants. Their prey, sometimes, are tiny, nearly invisible insects. And it's all there if folks would just take a little time and not try to conquer land speed records on foot.

A slow pace is ripe for those who want to relax and see some of the inside of nature.

But don't walk around with your chin juxtaposing itself on your chest. There are the colors overhead that seem to beg for a pause and reflection on your part.

If you can push a button, take a camera. It only takes one trip to the Smokies in the fall, or any other season for that matter, without a camera to realize what you really missed. Folks have been known to sit down months after a trip, looking at photographs and slipping back to the quiet solitude of living for a week with everything you could possible need lashed to your back. Also, film doesn't weigh that much so take plenty.

After all, you are going to see some unbelievable colors and scenery during the fall in the mountains. And without the colors, Autumn would just be a couple of months between hot and cold weather. For someone with just a little know-how around a shutter, the Smokies' mist is fertile ground for attention-grabbing photos.

With the mist and rain, however, there's a problem. Water getting on everything.

But don't stop reading here and say, ''Hell, if it's going to rain, I'm not going out in the woods and get soaked.''

With just a little common sense and a quick trip to a reputable backpacking dealer, you can prepare for anything from a summer shower to a downpour that forces you to stay in a tent for 18 hours. And believe me, huddling in a tent for three-quarters of a day has been done.

The byword for wet-weather backpacking is wool.

That wonderful natural fiber has the ability to keep you warm even when it's soggy. And the natural ''wicking'' ability carries moisture, whether it's sweat or precipitation, away from your body, giving body heat a chance to dry you out. When the water is ''wicked'' away from the skin, the clammy feeling goès with it. Gentle breezes then have a chance to evaporate the moisture.

Also, wool is light and compressable. And that's a delight for someone out for more than a day hike. A basic wardrobe of wool, including socks, sweaters and pants, is a good start to any trip into the mountains of North Carolina and Tennessee.

Other gear common to all season backpacking -- like boots, tents, sleeping bags and packs -- are pretty much standard. Checking with a reputable backpacking store is the best way to find what kind of essentials you need and, of course, how much they will dent your billfold. With a little bit of thought and planning, a trip to anywhere at anytime will prove to be a comfortable, as well as relaxing, experience.

Just a few words on some specialized rain gear. Some people will tell you that a parka, or cagoule, is the only way to keep water off you. Others will swear by an umbrella. That is just the sort of thing that demands thought and planning on your part. After all, you are the one walking around out there and you are the best one to judge what will keep you dry, comfortable and happy.

So, if you are thinking about going for a walk to see some of fall's beauty along with things other than sweeping panoramas, then the Smokies are for you.

But before going, talk to anybody who has been. Their advice will be helpful. Also, for your sake as well as the sake of others, get a permit. And remember to pack out what you pack in -- and add a little more. ■

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COFFEE

[Continued from page 12]

type), pinch of salt, ½ pt. whipping cream and 1 teasp. vanilla extract. Chill for several hours. Just before serving time, whip with an electric beater until firm and holds stiff peaks.

Russian Coffee (in the spirit of detente)

In a 2 qt. pan combine 2 oz. unsweetened chocolate, 1½ cups strong (French roast) coffee, ⅓ cup sugar and 3 cups milk. Stir over low heat until chocolate has melted and the mixture is smooth. Remove from the heat and beat with an egg beater until light and frothy. Serve in mugs topped with whipped cream and dusting of nutmeg. Serves 8. Summer version is to chill this drink and serve it over crushed ice.

Cafe Au Lait

The continental breakfast drink of France to be served with flaky croissants. For four servings prepare 1½ cups strong hot coffee and scald 1½ cups of rich milk. Using two pots pour the hot coffee and the hot milk simultaneously into each cup. In Italy same blend of coffee and hot milk is called Caffe latte (la ta).

Caffe Cappuccine

To each ⅔ cups of hot strong Espresso coffee add ⅓ cup hot milk and sweeten to taste. Pour into cups and dust with cinnamon or nutmeg. Traditionally served in tall thin cups.

Cafe a la Jet Set

To each mug of hot strong coffee add 1½ oz. of Cointreau. Top with whipped cream and dust with grated orange peel. Great for snow atmosphere, and after skiing.

Espresso Galliano

To each demitasse cup of Espresso coffee add 1 jigger of Galliano liqueur. Twist a strip of lemon peel over the cup and drip it ing.

Irish Coffee

Traditionally served in Irish Coffee glasses, but you can substitute wine glasses. To each glass of hot strong coffee add 1 jigger of Irish whiskey and 1 teasp. of sugar. Top with whipped cream. An unethical but delicious variation to this drink is adding Coffee Liqueur or benedictine to each serving. Of course "it's no longer Irish!"

Brandy Chiffon Mocha Black Bottom Pie

Make a ginger snap crust with a scant of sugar and enough butter just to hold it together. Chill. Beat 4 egg yolks in the top of a double boiler with a wire wisk until light and fluffy. Add to the eggs sifted together, a generous ½ cup dark brown sugar with 1½ tblsp. cornstarch, scant ½ teasp. salt. Scald 1½ cups milk and stir into the egg and sugar mixture. Stir in 5 tblsp. brandy and cook over hot water stirring continuously until thick. Divide the custard in half. Into one half add 1½ sq. bitter chocolate and ¼ cup strong, black, French or espresso coffee. Mix until the chocolate melts and pour into the pie shell. Chill. Into the other half, mix 1 envelope gelatin dissolved in ¼ cup water and 1 tblsp. brandy. Cool but do not let it set. Beat four egg whites with ¼ teasp. cream of tartar and ½ cup sugar added slowly until soft peaks. Fold into the warm custard then into the shell. Chill for 3 hours. Top with acres of whipped cream then with shaved unsweetened chocolate. This recipe requires a large pie pan and a penchant for rich desserts.

For you teetotalers, with the exception of Espresso Galliano, you may delete the alcoholic portions of the above recipes and still serve coffee with a stunning difference.

It is said that necessity is the mother of invention. Had it not been for wartime deprivation in Switzerland we probably wouldn't have Fondue. Horrors! ■

The Vacation Bike.

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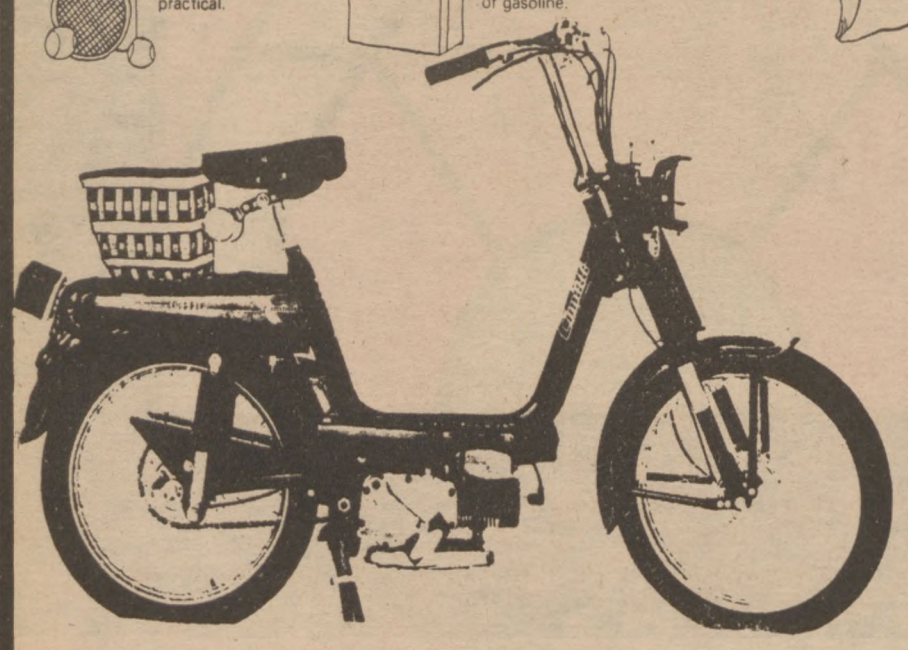

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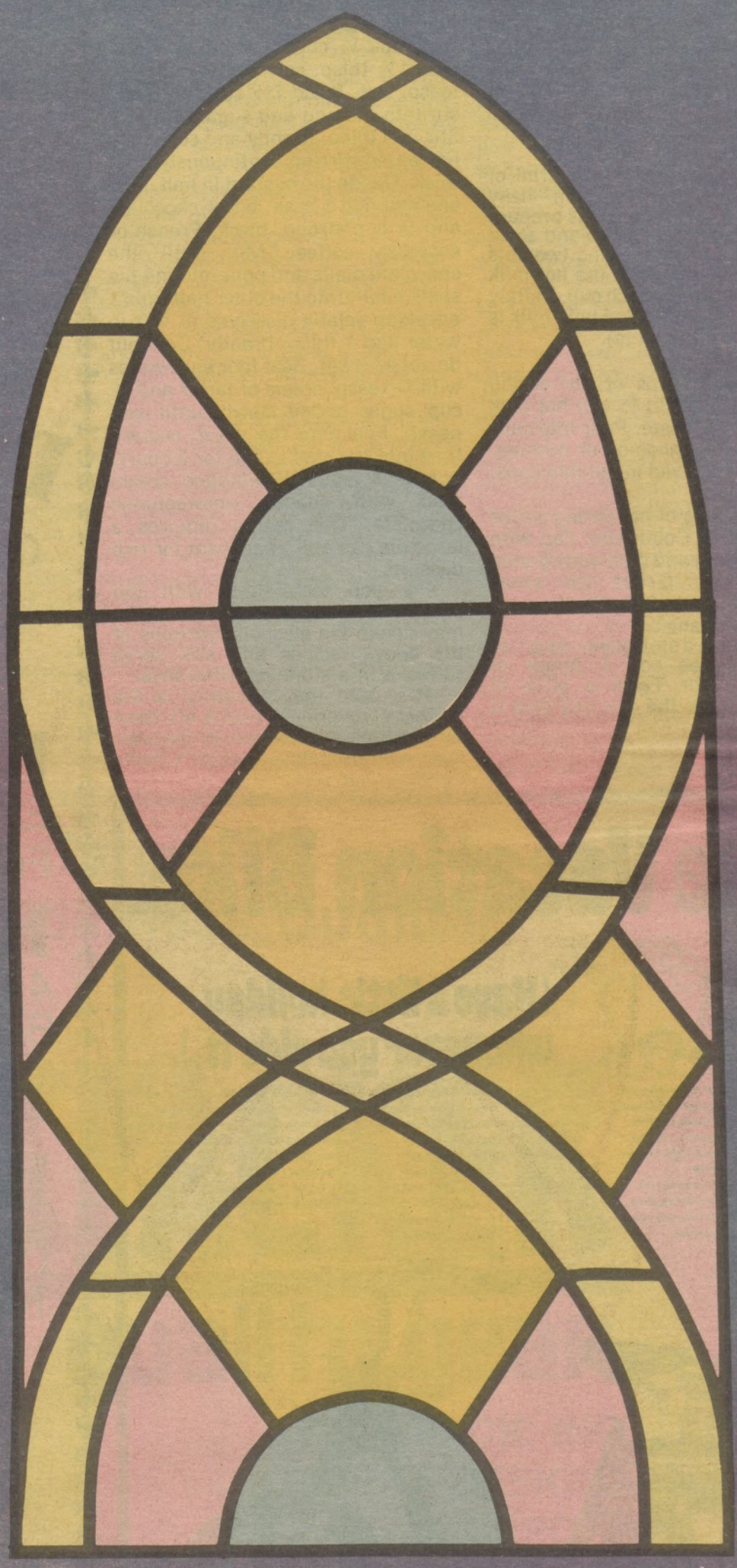
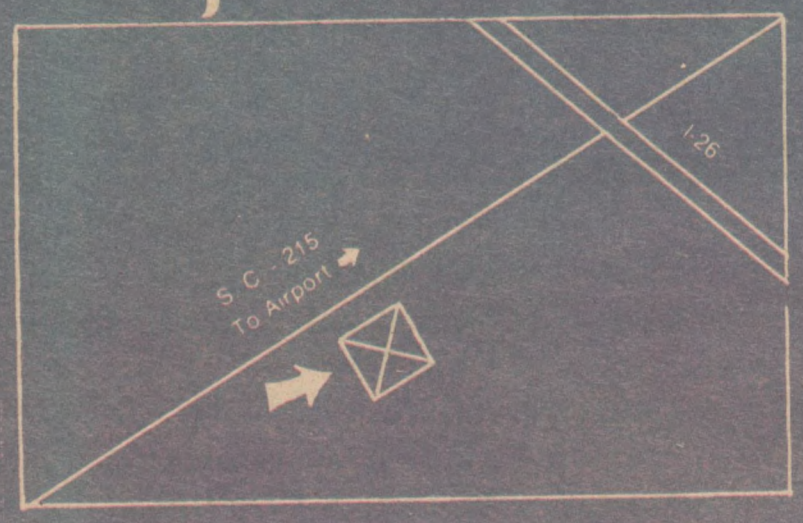


The Three Chairmen



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